

life to the full



CHRISTIAN YOUTH ENTERPRISES

Information Pack

CYE Activity Centre, Chidham Lane, Chidham, PO18 8TE www.cye.org.uk 01243 573375

Dear Parent/Guardian,

We are really excited that your child will be coming to Christian Youth Enterprises. This pack is designed to give you peace of mind about the upcoming trip, to answer some of the questions you may have and to give you an idea of what to pack for their trip.

There may well be other details to come from the people organising the trip at your end, for example, departure and pick up times, costings, emergency contact numbers etc. You may have attended or be attending a presentation from one of the CYE team to explain all about the centre and answer any questions, in which case this pack will largely be a refresher.

The first thing to say is that here at CYE we understand the value and significance of groups coming away together to spend time working as a team and developing in their own personalities too. We also understand that as a parent or guardian you want them to have a brilliant but safe trip. Therefore the following pages are here to assure you of those two things – a brilliant and safe trip – but should you have any questions please feel free to contact us or the teacher/group leader in charge.

In this pack you will find:

- Details about the history and ethos of the centre.
- A comprehensive kit list
- Frequently asked questions
- Details of other events that we run should you wish to come and experience CYE life for yourself!

We hope you find all that you need and we look forward to welcoming the children to the centre in not very long.

From the CYE Team
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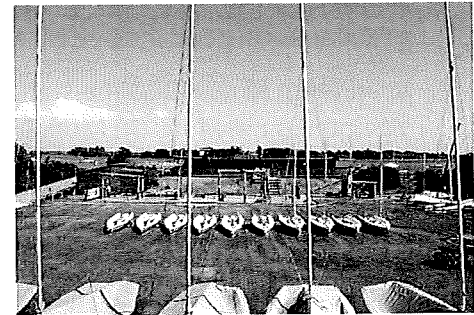
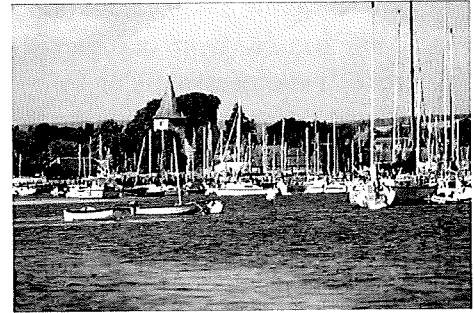
CYE Activity Centre Background

Location:

We are located on the shores of Chichester harbour; an Area of Outstanding Natural Beauty, a haven for wildlife and the perfect setting for either a tranquil reflective time, or an adrenaline packed experience.

Approximately 1½ hours south of London, our Centre has panoramic views of the rolling South Downs, stunning natural local country side to the North, and of course, Chichester Harbour at the end of our jetty – one of the best areas in the UK for water sports. It is also one of the safest areas for water sports as we benefit from the tides but are protected from the wind.

Chichester is a 15 minute drive to the West and Portsmouth 20 minutes to the East. The pretty villages of Bosham, Itchenor and Fishbourne are all close by as well as the beautiful sandy beach of West Wittering which we will take a day trip to if you're here for more than a couple of days.



Our Ethos:

The 'CYE' in CYE Activity Centre stands for 'Christian Youth Enterprises'. We are a charitable organisation and operate to exceptionally high professional standards. Underpinning this is our collective belief in the Christian faith. We endeavour at all times to show unconditional positive regard to every person who walks through our gate, regardless of ability, background or faith.

Each day we will have an assembly where we will explore what the Christian faith teaches about love, team work and uniqueness and how this applies to our own contexts and beliefs. This time is incredibly popular as it gives children a chance to share their opinions with their peers and see what a difference it makes when we treat each other positively.

We also believe in living life to the full – an attitude that means our team gives 100% to every group we entertain – and we certainly do entertain!



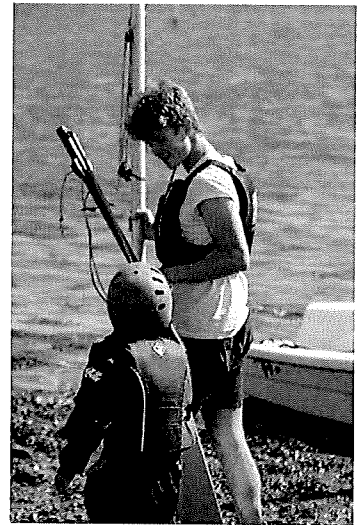
Our Team:

Our team is just that – a team. We share the same values and commitments, with our overall collective objective being to provide every guest with the best possible experience. The activity team hold all necessary qualifications with many

possessing certificates well beyond the required. Crucially, all our staff are good communicators, fun-loving, professional and at all times, endeavour to live out our collective Christian values whilst simultaneously being sensitive to the array of beliefs of our guests.

In addition to our full-time staff, we are lucky to have an extensive Volunteers network. On Mondays and Tuesdays, our team of local retired professionals – fondly known as 'The KOG's' (Kevin's Old Geezers) give invaluable time and expertise to the many maintenance tasks required with a site this size.

We also have numerous experienced water-based instructors, many of whom have worked full-time at CYE, returning regularly to help with programmes. This means that our 'staff to participant' ratios are unusually high at no extra cost. This means a safer, more caring and more fun-filled experience for the group.

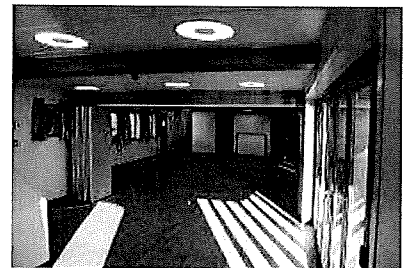
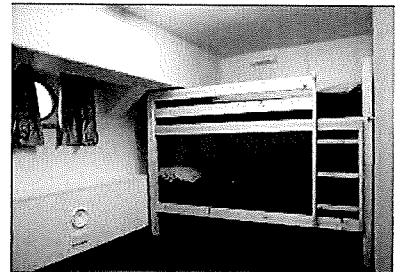


Accommodation – The Ship 'Resolute':

The ship 'Resolute' will be exclusively for the group – there will be no other groups staying residentially. Accommodation is for up to 50 guests, with the majority of this being in the form of 2 bunk beds per cabin, totally 4 to a cabin. The cabins are spacious and all have en-suite facilities (shower, toilet and basin). Bedding is provided but guests are asked to bring their own duvet covers and pillow cases.

Along with the cabins, the lower deck has 2 further rooms. There is a small meeting room for group leaders/teacher's and a large 'Snug' which has seating for all and is used for free time and assemblies.

The main 'Saloon' area is where we will eat all our meals together and there are 2 additional spaces for relaxing with friends, playing card games or admiring the panoramic views of the Bosham channel.



Catering:

All our food is prepared and cooked on site from local fresh produce. Almost every group comments favourably about the outstandingly high quality and variety of the meals. As well as breakfast, lunch and dinner there are always plenty of cakes & fruit to keep you going until the next meal. Our full time catering team prepare and cooks everything on site. CYE is an activity centre and fully understands the need for replacing the energy used on activities. Quantity is as important to us as quality, so don't panic, no one ever goes hungry.

We are a nut free site and all dietary requirements are catered for however we do encourage children to try all foods and often find that children leave CYE liking new foods.



Safety:

Safety is of paramount importance to us here at CYE. Whether on the water or on the land we will do everything we can to ensure the children have fun, learn and are safe throughout the entire stay.

We are an RYA (Royal Yachting Association) and BC (British Canoeing) recognised training centre which not only means we can run their syllabus's and award their certificates, we are inspected by them annually. These are the two main governing bodies we come under and they stipulate certain ratios when on the water. Wherever possible we aim to go over and above the basic safety cover to optimise the fun that can be had out on the water. All of our staff are first aid qualified, as well as instructors in the various disciplines of the sports we offer.

Risk assessments are carried out and reviewed annually and copies of these can be made available to you – please let your teacher or group leader know and we will send them out.

As well as this we receive regular inspections from AALA (Adventurous Activities Licensing Authority), the HSE (Health and Safety Executive) and FSA (Food Standards Agency). Year on year we pass all of these inspections with flying colours, the evidence of this can be made available to you should you wish to browse it.

Child protection is never overlooked here at CYE. Our staff and volunteers are all DBS checked..

We pride ourselves on exceptionally high standards of safety.



Other things that happen at CYE Activity Centre

For a full listing of our events courses and programmes please see our website for dates and more details.

Family time

Should you wish to explore the centre yourself we run a range of Families Weekends, All Age Get Sailing and Paddling and 'Lads and Dads' trips which are all opportunities for the whole family to bond and have fun together.

Sailing & Paddling Courses

We run sailing and paddling courses – both professional qualifications and beginners courses (available for both children and adults).

Camps

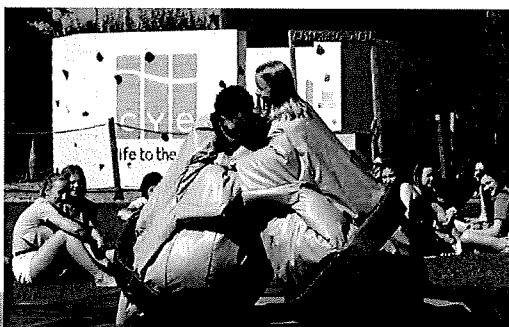
In the holidays we run a variety of camps for all ages. This is a great opportunity for children to get to know other people in their age range and also do all the activities CYE offers and more, in an action-packed week or weekend. They're for ages 8 – 18 and include Easter holidays, May Bank Holiday Holidays!

Multi Activity Days

For those who want to come and try CYE for a day or two, without the residential aspect. Or perhaps you just want the children to be outside during the holidays! Multi Activity days run from 9.30 am – 5 pm and have two activities per day. Come for one day or as many as you like!

Tailor made sessions

We are happy to run team building days with school children and businesses and please do contact us if you'd like to bring a group down to the centre – either as a youth group or church, a brownie or scout group, a meeting place for an inspirational business meeting or a family event – we are open to all possibilities!



Kit List

Please select the smallest bag suitable for the length of trip – the cabins will have up to 3 other children and suitcases in them! However, please balance that with children having enough layers to wear on water sessions – it is always cooler on the water with the sea breeze!

If you are packing for your child, please take time to go through this with them so they know what clothing they have available to them.

For a day visit:

- Complete change of clothing
- 2 warm jumpers/sweatshirts/fleeces
- Tracksuit bottoms/leggings for activities (not denim)
- Two pairs of footwear, one to stay dry (Trainers) and one to get wet e.g. old trainers /wetsuit shoes (**Not** Crocs, wellies or flip flops – they must securely attach to their feet)
- Towel, shampoo and swimming kit
- Hat or cap (depending on the time of year!)
- Waterproof jacket/coat
- **Packed lunch and drink**
- Names or initials in ALL clothing (including underwear!)
- **Large plastic bag for wet clothing and shoes**

In addition for a residential visit:

- **Duvet cover (single) and pillow case**
- Enough clothes & underwear for their stay (bearing in mind they are likely to get wet on activities and that it is generally 5°C cooler on the water)
- Bath towel and toiletries
- Spending money (we have a small gift shop)
- Insect repellent (if applicable for the time of year)
- Indoor shoes / slippers for on board the ship (**NO SHOES ON THE BOAT**)

Please do not bring video games, phones or any other electronic devices – you'll be having too much fun out on activities for these!

Lost Property

Anything left here will be sent back with the teacher so please check with them first. In the event that things do get left at CYE, we will keep them for a short time before taking to a charity shop. Please label your clothing & belongings!

Frequently Asked Questions

My child is allergic to eggs/nuts/is gluten free etc

We are a nut free site and are very happy to cater to all medical dietary requirements.

My child is a particularly fussy eater, what shall I do?

You can be confident that we have had our fair share of fussy eaters over our time and we will encourage everyone (including our staff!) to try all foods. We will however make sure that children are eating enough. We often find that many children go home liking new foods.

How much money should they bring?

There is a gift shop selling small items – key rings, magnets, pens etc starting from 50p so we would suggest anything up to around £5.

Can they bring sweets/snacks? *No sweets or snacks, please.*

~~It is best not to bring sweets or snacks as they are not allowed food downstairs to their cabins and so will have to leave them with the teachers.~~

My child sometimes wets the bed

Do not worry – we are fully prepared to deal with this quickly and quietly should the matter arise. All the bedrooms sleep up to 4 children and have a toilet in the room which we have found has made a massive impact on the number of children this issue effects. All our beds are fitted with top of the range waterproof mattress covers and we have washing facilities onsite too. It is best to let your teachers/group leaders know just so they can be aware and check in with the child if necessary.

What if they're not a confident swimmer/not happy in the water?

All our staff are dedicated to the safety and enjoyment of the people in our care. Our high staff ratios mean that we are able to spend time with those children who are nervous in order to encourage them to give all activities a go. We won't make anyone do anything that they really don't want to do. We don't run swimming as an activity and so being in the water isn't a common occurrence!

Do I need to provide special kit?

No. We will supply wet suits, buoyancy aids and waterproofs. You **will** need to provide shoes to get wet and clothes that don't mind getting wet and muddy (see kit list).