



Dear Parents,

We are pleased to inform you that we will be running Gymnastics club at Lavant CofE Primary School again next term.

The sessions are before school on Wednesday's from 8.00 – 8.45am for children in Years 1 – 4. There will be 12 sessions this term.

Gymnastics club will include elements of floorwork, apparatus and body management. The focus is on fun, whilst demonstrating correct technique and increasing confidence.

The first sessions will be on Wednesday 9<sup>th</sup> January 2019

The final sessions will be on Wednesday 3<sup>rd</sup> April 2019

This club is being funded by the school, so there is no cost to parents.

Places will be awarded on a first come, first served basis.

There are 16 places available.

We recommend that children wear PE kit or other suitable clothing to all sessions.

Gymnastics is done in bare feet so no footwear is required.

Please ensure your child has a drink.

All Coaches are minimum Level 2 Qualified Coaches with First Aid & Safeguarding certificates.

All Coach hold current DBS disclosures and sign Staff Suitability Declarations every year.

Yours Sincerely

Ali O'Boyle  
Director  
South Coast Sports

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SUBSCRIPTION FORM – BEFORE SCHOOL GYMNASTICS CLUB      LAVANT CofE PRIMARY

NAME \_\_\_\_\_ YEAR \_\_\_\_\_

MEDICAL CONDITIONS: \_\_\_\_\_

ICE NUMBERS: MOBILE \_\_\_\_\_ ALTERNATIVE \_\_\_\_\_

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