



# Lavant

## C.E. Primary School

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3<sup>rd</sup> February 2022

Dear Parents



Following the success of our Forest Schools programme over the last few years, we are delighted to be able to continue the project again this year.

After the half term holiday, children in Year 4 will be visiting the woodlands in the grounds of Lavant House School on Thursday afternoons with Miss Servant. The sessions will start on the 3<sup>rd</sup> March and will continue for six weeks, until the 7<sup>th</sup> April. Each session will be led by Stuart White with assistance from Rosie Whittaker, both from Chichester Forest Schools. Stuart is a level 3 Forest School practitioner with Wilderness First Aid Training. They are both fully insured and DBS checked.

On Forest School days the children will need to wear, long trousers and long sleeved shirts and bring waterproofs and wellies or walking boots. (The appropriate footwear for Forest Schools **must not** be worn to school in the morning but brought in a bag ready to change into after lunch.)

The children will walk to Lavant House School after their lunch and will return to school in time for the end of the school day.

All feedback regarding Forest Schools is incredibly positive and I certainly know the children thoroughly enjoy their session each week. As well as supporting learning, it is well documented that Forest School sessions also help to:

- Build confidence and self esteem
- Improve motivation and encourage co operation
- Encourage responsibility, independence and the management of risk
- Improve language, communication and social skills
- Improve physical motor skills
- Increase understanding of the physical environment and seasonal change
- Encourage a positive attitude to learning

As a school we pay a considerable amount to finance these sessions, but we ask each family for a voluntary contribution of £15.00 for the half term. If you have any difficulty making a contribution, do not hesitate to speak to me.

Please rest assured that the Forest School sessions have been thoroughly risk assessed and all appropriate measures have been put into place to ensure they are covid19 safe.

Please sign the permission slip below to enable your child to attend Forest School, and return to school with your contribution at your earliest convenience. Please note, we are unable to take any child without a completed permission slip.

Many thanks.

Mr Adrian King

### FOREST SCHOOL AT LAVANT HOUSE SCHOOL



I am happy for my child .....to take part in the Forest School sessions at Lavant House School on Thursday afternoons (3<sup>rd</sup> March – 7<sup>th</sup> April). I enclose a voluntary contribution of £15.00

Signed .....