



Calling all runners/aspiring runners/anyone wants to get fit and healthy in 2020!!

Dear Parents,

This Spring term we are putting together a team of parents and teachers to run the Corporate and Inter-schools Road Running Challenge 2020! Some of our Year 5s and 6s are already taking part in the Primary School challenge, and we plan to run after their race, on the same days, in the Corporate Challenge.

This run is in Chichester City Centre, and is a series of races held in the evening at approximately 7.30pm on the following days:

Wednesday 26th February

Wednesday 11th March

Wednesday 25th March

Although it is a 'challenge', we will be doing it purely for fun and everyone is welcome to join in! The distance is 4500metres/4.5km and is around the centre of Chichester. You don't need to be an elite runner to do this, many people will jog it at their own pace. It's a very popular event in Chichester and many people take part each year.

For more information and to enter the Corporate and Inter-Schools Challenge, please see the following link: <http://www.chichester-runners.org.uk/corporate-challenge>

There will be no sponsorship with this run, but the entry fee is £17 (paid to Chichester Runners & AC).

If you'd like to be part of the Lavant Primary School team for the Corporate Challenge, please speak to Polly Peart (Jonathan and Eve's Mum) or Rosie Rowbotham (Kit's Mum). If you are only able to make one or two of the Wednesday nights this is also absolutely fine, there is no pressure to do all three. Every race you are able to participate in will contribute towards our team's points.

The closing date for entry is Saturday 22nd February.

Depending on the interest in this, we may then put a team together to run the Great South Run in October this year! This would be a sponsored event to raise money for the school. However, please note that taking part in the Corporate Challenge doesn't mean you are committing to the Great South Run!

Thank you and we look forward to running/jogging with you!

Best wishes

Friends of Lavant Primary School