

All money raised go to



Do **22** jobs  
for friends,  
neighbours  
or family



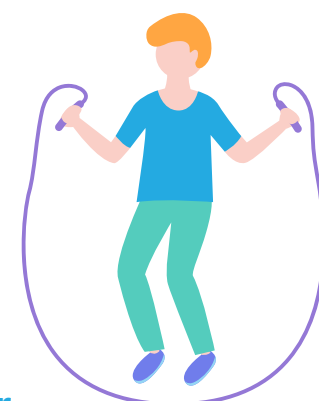
Dance for  
**22** minutes

# Are you up for the challenge?

# 22 FOR 20 22



Score **22**  
goals against  
a friend  
or family  
member



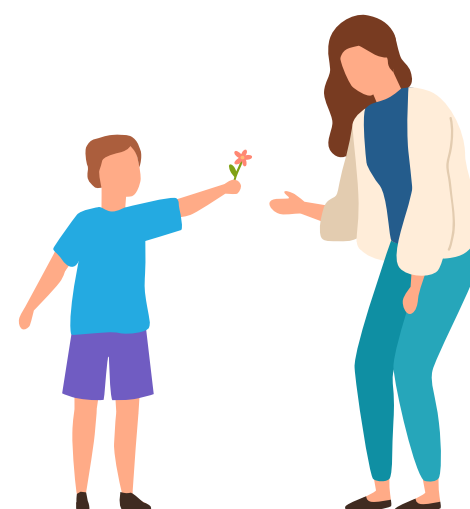
Run or skip  
around your  
garden **22** times

Run, walk, cycle  
or skate **22** km



Have a  
sponsored  
silence for **22**  
minutes

Think of **22**  
ways to make  
people smile



The Friends of Lavant Primary School are launching 22 for 2022, and encourage you to set yourself a '22' themed challenge. Some ideas are on this poster but feel free to come up with your own!

The challenge will end before the Easter Holidays on Friday 8th April