



# Lavant

## C.E. Primary School

Headteacher: Mr Adrian King B.A Hons (QTS) NPQH

West Stoke Road  
Lavant Chichester  
West Sussex PO18 0BW

Tel: 01243 527382

E-mail: [office@lavant.w-sussex.sch.uk](mailto:office@lavant.w-sussex.sch.uk)

Website: [www.lavant.w-sussex.sch.uk](http://www.lavant.w-sussex.sch.uk)



16<sup>th</sup> June 2023

Dear Parents and Carers,

On 26<sup>th</sup> June we will be launching our two week whole school learning journey all about ensuring we are growing 'Healthy Minds and Healthy bodies'. Over the two weeks, we will be having a number of visitors into school providing the children with some fantastic learning opportunities. These will include cross fit, skipping, archery, orienteering to name a few.

As there will be a strong emphasis on physical activities for the two weeks, we would like to invite the children to wear their PE kits into school for the duration of the learning journey (sorry if this means some midweek washing). We are trying to keep our plans a secret and so ask you not to tell your children about the activities they will be learning about, or the fact that they are allowed to wear their PE kits for two full weeks.

The mental wellbeing of our whole school community is of upmost importance to us and we are really looking forward to embarking on this two week learning journey together.

Kindest regards,

Mr. Adrian King

