



Dear Parents,

We are pleased to inform you that South Coast Sports will continue to run a Gymnastics club at Lavant CofE Primary School next term. The sessions will be before school on Wednesday's from 8.00 - 8.45am for children in Years 1 - 4. There will be 11 sessions this term.

Gymnastics club will include elements of floorwork, apparatus and body management. The focus is on fun, whilst demonstrating correct technique and increasing confidence.

The first session will be on Wednesday 10<sup>th</sup> January 2018

The final session will be on Wednesday 28<sup>th</sup> March 2018

This club is being funded by the school, so there is no cost to parents.

Places will be awarded on a first come, first served basis.

There are 16 places available.

We recommend that children wear PE kit or other suitable clothing to all sessions.

Gymnastics is done in bare feet so no footwear is required.

Please ensure your child has a drink.

All Coaches are minimum Level 2 Qualified Coaches with First Aid & Safeguarding certificates.

All Coach hold current DBS disclosures and sign Staff Suitability Declarations every year.

Ali O'Boyle

Director

South Coast Sports

**CONSENT FORM - BEFORE SCHOOL GYMNASTICS CLUB - LAVANT CofE PRIMARY**

NAME \_\_\_\_\_ AGE \_\_\_\_\_ YEAR \_\_\_\_\_

MEDICAL CONDITIONS: \_\_\_\_\_

ICE NUMBERS: MOBILE \_\_\_\_\_ ALTERNATIVE \_\_\_\_\_

EMAIL:

11 Westingway, Aldwick, Bognor Regis, West Sussex, PO21 2XU



[www.southcoastsports.org.uk](http://www.southcoastsports.org.uk)



07908 848802



[info@southcoastsports.org.uk](mailto:info@southcoastsports.org.uk)

Registered Office & Trading Address: South Coast Sports Coaching Ltd. 11 Westingway, Aldwick, Bognor Regis, West Sussex, PO21 2XU

Company No. 09166959 VAT Registered No. 193872367

South Coast Sports is the trading name of South Coast Sports Coaching Ltd a company registered in England & Wales.