SOUTH COAST SPORTS

Dear Parents,

We are pleased to inform you that South Coast Sports will continue to run Mini Fencing club at Lavant CofE Primary School next term. The sessions will be before school on Fridays from 8.00 – 8.45am for children in Key Stage 2 for 9 weeks.

Mini Fencing uses durable plastic foils, with a rubber tip. A mask is worn to protect the face. All equipment and our teaching methods are approved by British Fencing and sessions are run in partnership with Chichester Community Fencing Club.

Mini Fencing has been shown to improve children's balance, and co-ordination, as well as enhancing posture, discipline, speed and agility. The discipline and focus required concentrate the mind, and many children have demonstrated an increased ability to concentrate in the classroom after Mini Fencing classes. Children fence each other in a fun but controlled environment.

The first sessions will be on Friday 12th January 2018
The final sessions will be on Friday 23rd March 2018
There will be NO session due to an INSET DAY on 9th February 2018

The club is being funded by the school, so there is <u>no cost</u> to parents.
Places will be awarded on a first come, first served basis and there are a maximum of 16 places.

We recommend that children wear long trousers, a long sleeved tshirt and trainers to all sessions. Please ensure your child has a drink, as Mini Fencing is thirsty work!

All Coaches are minimum Level 2 Qualified Coaches with First Aid & Safeguarding certificates. All Coach hold current DBS disclosures and complete Staff Suitability Declarations.

Ali O'Boyle
South Coast Sports
Director

CONSENT FORM - BEFORE SCHOOL FENCING CLUB – LAVANT CofE PRIMARY FRIDAY

NAME _____ **AGE** _____ **YEAR** _____

MEDICAL CONDITIONS: _____

ICE NUMBERS: MOBILE _____ **ALTERNATIVE** _____

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